

# Week 1

w/c 30/10/17 • 20/11/17 • 11/12/17  
• 15/1/18 • 5/2/18 • 5/3/18 • 26/3/18

## Monday

Breaded Chicken Bites, Ketchup  
Cheese Flan (v)  
Jacket Potato  
Seasoned Diced Potatoes  
Seasonal Vegetables  
Mini Doughnuts, Yoghurt Dip

## Tuesday

Pork Meatballs with Gravy  
Warm Cheesy Quorn Sub Roll (v)  
Sandwich or Wrap  
Sweet Potato Mash  
Seasonal Vegetables  
Chocolate Surprise Cake

## Wednesday

Roast Beef, 'Tidgy Pud' & Gravy  
Macaroni Cheese (v)  
Jacket Potato  
Roast Potatoes  
Carrots; Seasonal Vegetables  
Arctic Roll & Peaches

## Thursday

Chicken Curry, Naan Bread  
Sausage Roll (v)  
Sandwich or Wrap  
50:50 Rice  
Seasonal Vegetables  
Shortbread Biscuit

## Friday

Battered Fish  
Home-made Pizza (v)  
Jacket Potato  
Chips  
Peas; Sweetcorn  
Chocolate Mousse with Mandarin Oranges



# Week 2

w/c 6/11/17 • 27/11/17 • 18/12/17  
• 22/1/18 • 19/2/18 • 12/3/18

## Monday

Toad in the Hole with Onion Gravy  
Vinegar Infused Salmon Goujons  
Jacket Potato  
Mashed Potato  
Peas; Baked Beans  
Warm Oaty Apple Crumble with Custard

## Tuesday

Lamb Hot Pot with Crust  
Sausage Stew (v)  
Sandwich or Wrap  
Duchess Potatoes  
Beetroot; Seasonal Vegetables  
Oaty/Chocolate Cookie

## Wednesday

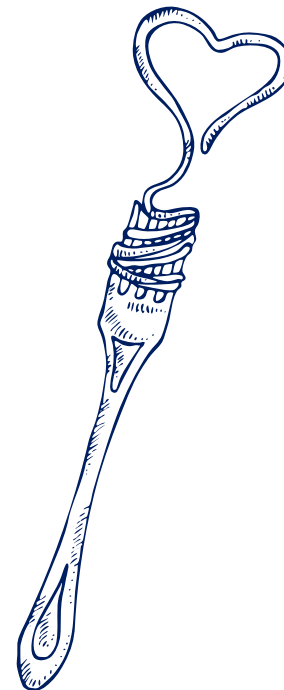
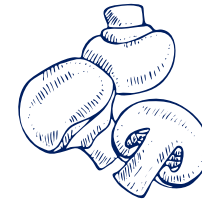
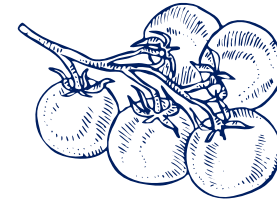
Roasted Chicken Breast  
Cheese & Tomato Pasta Bake (v)  
Jacket Potato  
Roast Potatoes  
Carrots; Seasonal Vegetables  
Warm Rice Pudding with Raisins

## Thursday

Mild Chilli Con Carne  
Pizza Cheese Panini (v)  
Sandwich or wrap  
50:50 Rice;  
Seasonal Vegetables  
Chocolate Banana Muffin

## Friday

Bubble Coated Fish  
Home-made Pizza (v)  
Jacket Potato  
Chips  
Peas; Sweetcorn  
Raspberry Ripple Mousse



# Week 3

w/c 13/11/17 • 4/12/17 • 8/1/18  
• 29/1/18 26/2/18 • 19/3/18

## Monday

Beef Burger on a Bun  
Quorn & Lentil Curry (v)  
Jacket Potato  
50:50 Rice  
Seasonal Vegetables  
'Dino' Cheddar with Crackers/Fruit Yoghurt

## Tuesday

Spaghetti Bolognese  
Cheesy Pastry Whirls (v)  
Sandwich or Wrap  
Garlic Bread  
Seasonal Vegetables  
Iced Sponge Cake

## Wednesday

Roasted Bacon Loin  
Tuna and Sweetcorn Pasta  
Jacket Potato  
Rosti  
Peas; Seasonal Vegetables  
Fruit Jelly with Mandarin Oranges

## Thursday

Chicken/Steak Pie  
Quorn Nuggets (v)  
Sandwich or Wrap  
Steamed Potatoes; Mashed Potato  
Beetroot; Seasonal Vegetables  
Chocolate and Pear Sponge Cake

## Friday

Battered Fish  
Home-made Pizza (v)  
Jacket Potato  
Chips  
Peas; Sweetcorn  
Fresh fruit salad with ice cream