
Cyberbullying

More and more children are using mobile phones or the internet to bully others by sending threatening or hurtful messages and photographs, and spreading rumours. This is illegal and, like any serious form of bullying, the school may advise parents and carers to involve the police.

Be aware of your child's use of technology and try to monitor what they are sending and receiving.

Encourage your child to be very careful to whom they give their contact details.

If your child knows that the sender of the bullying messages goes to this school, contact school as soon as possible.

Save bullying messages to show the school.

What if my child is bullying others?

It may come as a surprise to many parents and carers that their child has been bullying others. There are many reasons why young people bully others; sometimes they are copying someone else, or being encouraged by others. It may be because they are having problems themselves or haven't learnt other ways of mixing with other children.

All children need to be taught how to empathise with the feelings of others. They need to understand the impact of their behaviours on others.

What you can do as a parent or carer to work with the school to stamp out bullying

Try not to jump to conclusions or be hasty.

Try to remain calm and make balanced decisions regarding your child's well-being and safety.

Work with the school to find a resolution and stay in regular contact with the school.

Keep an open mind about which solutions will be best for your child.

Keep your child involved and don't try to protect them to the point where they don't know what is happening.

Keep listening to your child throughout. Also, listen to school staff, as they have considerable expertise and experience in these situations.

Chapel End Primary School and Nursery does not tolerate bullying or harassment of any kind.

A Parent/Carer Guide to tackling Bullying



This leaflet has been designed to help parents and carers identify and address bullying.

