



RSE & PSHE Vocabulary Builder Year 4

Autumn 1 Me and my relationships		Autumn 2 Valuing difference	Spring 1 Keeping myself safe	Spring 2 Rights and responsibilities	Summer 1 Being my best		Summer 2 Growing and changing	
Feelings	Frightened	Negotiation	Danger	Responsible	Individual	Minor	Learning line	Marriage Living together Civil partnership Forced marriage
Physical effects	Petrified	Compromise	Dangerous	Reliable	Unique	Accident	Practice	
Sad	Terrified	Body space	Risk	Trustworthy	Choices	Emergency	Compromise	
Unhappy	Bothered	Invade	Risky	Safe	Balanced diet	Nose bleed	Hormones	
Devastated	Positive healthy relationships	Sharing	Hazard	Healthy	Wellbeing	Blood	Puberty	
Distressed	Respect	Acquaintances	Hazardous	Rules	Mental health	Choking	Pubic hair	
Lonely	Responsibilities	Aggressive	Privacy	Laws	Refuse	Breathing	Eggs	
Alone	Qualities	Apologise	Privacy settings	Rights	Reduce	Unresponsive	Sperm	
Miserable	Excluded	Similarities	Security	United nations	Reuse	Casualty	Penis	
Ignored	Assertive	Differences	Dare	Democracy	Rot	Airway	Testicles	
Isolated	Aggressive	Respect	Assertive	Influence	Recycle	Burn	Breasts	
Abandoned	Negotiate	Stereotype	Medicine	Opinion	Repair	Scald	Ovaries	
Apologetic	Friendly		Drug	Respectful	Rethink	Wound	Fallopian tube	
Regretful	Rude		Choices	Courteous	Community	Recovery	Womb/uterus	
Remorseful	Consequences		Social norm	Antisocial behaviour	First aid		Lining	
Rueful	Face to face		Persevere	Witness	Injury		Vagina	
Repentant	Compromise		Influence	Environment			Vulva	
Sore	Respectful		Consequences	Conservation			Menstrual cycle	
Excruciating	Collaborate			Income			Periods	
Aching	Collaboration			Expenditure			Sanitary pad	
Painful	Collaborative			Essential			Menstruation cup	
Agonising	Teamwork			VAT			Tampon	
Painful	Facial expression			National insurance			Menstruation	
Happy	Body language			Income tax			Secret	
Ecstatic	Unkind			Deductions			Surprise	
Delighted	Tease			Public services			Uncomfortable feeling	
Joyful	Bully							
Calm	Pressure							
Untroubled	Independent							
Assured								
Confident								
Peaceful								
Scared								



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