

# The Live Well Directory



**Search** by issue and postcode, or **browse** our categories and **filter** by 'St Helens' Borough Council area to find local help.

# Find support near you with the Live Well Directory

**A free website connecting you to:**  
**Wellbeing & Health Services**  
**Advice & Guidance | Activities & Groups**



## Key Features

**Reduce Social isolation / Loneliness:** A special button helps you find services to connect with friendly people and welcoming groups.

**What's On Calendar:** See local events focused on wellbeing and fun activities to keep you connected.

## Add the Live Well Directory to Your Phone

Turn the directory into an app for quick access:

- 1 Go to the website on your phone.
- 2 Tap the three dots ⋮ (Android) or the arrow in the box  (iPhone).
- 3 Select 'Add to Home Screen'.
- 4 Check your phone's app screen for the Live Well heart logo   
- tap it to open the directory anytime!

Scan the QR code or visit  
[www.thelivewelldirectory.com](http://www.thelivewelldirectory.com) to  
find what you need to live well today.



If you know of or run a service, club or group not yet on the Directory, get your page created here for free  
[www.smartsurvey.co.uk/s/LIVEWELLSTHELENS](http://www.smartsurvey.co.uk/s/LIVEWELLSTHELENS)



**ST HELENS**  
BOROUGH COUNCIL