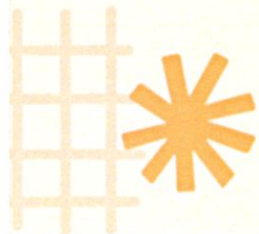




Family Hub



BEING A PARENT 2-11


A course for parents and carers led by parents.

Join the Family Hub Parent Group Leaders for an 8 week parenting course covering:

- Being 'good enough'.
- Feelings.
- Appropriate boundaries.
- Child - led play.
- Plus more.

**Starting : Tuesday 13th
May 2025
for 8 weeks**

**Venue: Parr Children's
Centre, WA9 2AP**



"It's so nice to talk to other parents, take a bit of time to recharge and learn tips to help my family".

To Book or find out more

Call: 01744 671 788

Text: 07761 045 427

Email: parentingteam@sthelens.gov.uk

Ask at Family Hub reception



EMPOWERING
PARENTS
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COMMUNITIES

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BOROUGH COUNCIL

BSL Interpreters are available on request.

To get in touch please contact:

Telephone: 01744 671788



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