



# WALK & TALK

**HOME  
START**  
St Helens

Our sessions are designed to reduce isolation, help parents like you and your children to meet new people and to improve your overall wellbeing.

Newton-le-Willows Family Hub, Patterson Street, WA12 2PZ  
1st Monday of every month (excluding school holidays)  
(Starts April 2025)

Sutton Family Hub, Ellamsbridge, Sutton, WA9 3PY  
3rd Tuesday of every month (excluding school holidays)  
(Starts April 2025)

For more information call 01744 737400

Join us  
11:15am -  
12:15pm

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Newton &  
Sutton  
Walks